

# THE **ULTIMATE** TRADING **CHEATSHEET**



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# THE **2 KEYS** TO SUCCESSFUL **TRADING**

You need the right approach, and the right system.

When we are trading, we are firstly **LOOKING** for the best opportunities, and then we are **TRADING** them as well as we can, for as much money as possible.

For finding the opportunities, we need a **system**. That's because there are lots of places those opportunities can arise. And we want to find the best, instantly.

And then when we find those opportunities, we want to be able to get the most profit out of them. That's why we need the right **approach** – the right methodology.

80% of traders lose money. But there are others making millions. The difference between making millions and making a loss is whether or not you have the right system, and the right approach.

And when you've got those two things, you make the most money.



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# THE **5-3-1** TRADING **SYSTEM**

## 5 Currency Pairs

We recommend that our students look at the majors first because they have the most energy and liquidity. The majors are GBPUSD, EURUSD, USDJPY, USD/CHF and either AUSUSD or CADUSD.

## 3 Strategies

We recommend that our students aim to learn two or three strategies, because THEN you can find opportunities REGARDLESS of what the market is doing. Ideally, aim to have one strategy for trending markets, and one or two for ranging markets, as markets range more often than they trend.

## 1 Time of Day

Even though the currency markets operate 24 hours a day, there are certain sweet spots, which we call trading time boxes, when the energy in the marketplace build up it provides opportunities. (See our section on trading timeboxes in this Cheatsheet.)



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# THE **F.A.S.T.** TRADING **APPROACH**

## **FIND** (Best done with: Our **SYSTEM**)

Scan the markets and find all of the opportunities which **MATCH** our strategies in terms of what a possible setup looks like.

## **ASSESS** (Best done with: Our **PROCESS**)

Check how **WELL** the opportunity fits the strategy, and if there are any major problems with it.

## **SET UP** (Best done with: Our **SYSTEM**)

Using the optimised strategy rules and position size. **TIP** – Using SmartCharts, this takes less than 10 seconds, as all the calculations are done automatically, saving time and removing human error.

## **TRIGGER AND TRACK** (Best done with: Our **SYSTEM**)

Once the strategy has been set up, you can execute it all on autopilot, allowing you to leave the system to do its thing while you get on with your day.



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# TRADING

# TIMEBOXES

The global currency markets are separated into three areas:

- North America, including Canada and the U.S.
- EMEA, including Europe, Middle East, and Africa.
- APAC (Asia Pacific) which includes Asia, Australasia and Oceania.

Here's the most important thing to be aware of:

**When trading timezones overlap, opportunities exist.**

We look for opportunities at 0700-0830 GMT, when EMEA comes online, and then again at 1330-1430, when North America joins the markets.

Very often, events that happen in the earlier EMEA session will influence the movements in the market when the US gets involved.

These timeboxes give us the most energy and movement which is what we are looking for as traders.

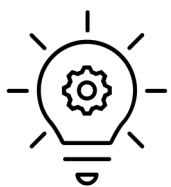


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# THE BEST TRADING WISDOM



DON'T trade without a strategy, where you can clearly see when and why to get in and understand where & when to get out. **INSTEAD, DO** choose strategies which have been properly tested, and which are **ALSO** professionally used by the people who supply them.



DON'T rely on stumbling across the right trade set up at the right time by accident, or spend hours a day scanning charts. **INSTEAD, DO** use a system that finds and flags potential opportunities to you, one which works with the strategies you use.



DON'T trade without looking at the power of market movement and any upcoming news items that could affect your chances of success. **INSTEAD, DO** either take the time or have a system that checks to see what the market is doing in the background, and what news releases are imminent.

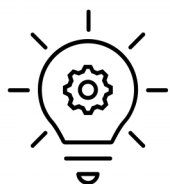


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# THE BEST TRADING WISDOM



**DON'T** trade at the same "pounds per point" amount for every trade that you enter. (This is a very dangerous habit that marks a beginner!) **INSTEAD, DO** use a system to do the maths to calculate the correct trade size based on what the stop is and how much is in your account.



**DON'T** try to learn trading from lots of different sources. You'll get impractical and conflicting information that will be almost impossible to work with! **INSTEAD, DO** have a training system that you trust that is based around the tools you will be using - that will help you develop quicker. And if that system gives you feedback based on your results, you'll learn faster from your mistakes.



**These are lessons that will save you months of trial and error if you understand them - so please take the time to read them!**



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# YOUR NEXT STEPS TO SUCCESS



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